

# LGSSAA GIRLS' HOCKEY RULES & REGULATIONS

Revised December, 2006

**The sole basis for the very existence of high school sport is the contribution it makes to the general education experience of those students who participate.**

## League Structure and Procedure:

Regardless of how many teams are in LGSSAA girls' hockey, only 4 teams will make the playoffs. Each team will play each other twice during the season. At the end of the regular season schedule, the 1st place team will host the 4th place team, and the 2nd place team will host the 3rd place team. Both teams will split the costs for ice time and referees during the playoffs. The two teams that win their semi-final game will advance to the LGSSAA championship game. The top ranked team remaining will host the final. Once again, costs will be split among the remaining two teams. The winner of this game will advance to the EOSSAA championships.

If two teams are tied during the regular season, the winner will be decided by the following:

- a) head to head record
- b) lowest goals against throughout the season
- c) highest differential of goals for/against

If three teams are tied during the regular season, the winner will be decided by the followings:

- a) head to head record
- b) goals for/against

During the LGSSAA playoffs if two teams are tied after regulation time:

- a) 5 minutes of sudden death overtime will be played
- b) If still tied, a sudden death shoot out will determine the winner

## Rules

1. Hockey Canada rules shall govern play in LGSSAA Ice Hockey.
2. CSA approved masks are required.
3. Neck guards are required.
4. All players shall wear numbered sweaters of the same colour.
5. One-30 second timeout is permitted per game.
6. Round robin regular season games will be two 22-minute running periods with a 3 minute warm-up. The final 2 minutes will be stop time if the score is within 2 goals.
7. Playoff games will be three 15 minute running periods with a 3 minute warm-up. The final 2 minutes will be stop time if the game is within 2 goals.

## Eligibility:

(a) To represent a school in any activity coordinated by LGSSAA, a student must:

- I. Be eligible for competition. under the Constitution, By-taws and Standing Rules (Playing Regulations) of the Association to which his school belongs;
- II Be certified as eligible by the Principal of the school; .
- III Meet the following age requirement: the individual's birth certificate indicates that the student has not reached her 19<sup>th</sup> birthday by January 1 prior to the start of the school year in which the competition is held;
- IV Be in grades 9-12;

- V Be eligible under the LSSAA Transfer Policy;
- VI Be eligible for no more than five (5) consecutive years from date of entry into Grade 9;
- VII Any athlete participating in an LGSSAA Championship or an OFSAA qualifying event must have participated as a member of a bona fide high school program during the current season under the supervision of a teacher-coach as certified by the school principal.

(b) To be considered a team eligible for EOSSAA Hockey Championship play, a team must play in an association approved league and play a minimum of a six game schedule.

### **Rules and Officials:**

All players must wear mouth guards, earflaps and neck guards.

CAHA rules shall govern play in the LGSSAA Championship with the following exceptions:

- a) the maximum number of players permitted to dress for a game *is* twenty (20). eighteen (18) plus two (2) goalies.
- b) the red line shall be eliminated with regard to the off-side and thus the following special rule applies:
  - i) the legal number of players must on the ice for each face off (to prevent gaining positional advantage after drop of the puck)

### **Supervision**

A teacher is defined as a member of the Ontario College of Teachers or a holder of an Ontario Teacher's Certificate or equivalent.

- (a) For team sports, a team consists of all athletes from the same school who qualify for competition as a unit. A teacher from the same school, or a retired teacher, as approved by the principal of the school, must accompany and be responsible for the team.
- (b) For all sports, where the teacher, is not the same sex as the athletes and where the athletes are required or might be required to stay overnight, a supervisory adult, as approved by the principal of the school, of the same sex as the athletes, must be present and available at the accommodation site for the duration of their stay in the accommodation.